



**BAUMAN  
COLLEGE**

HOLISTIC NUTRITION  
AND CULINARY ARTS

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## NUTRITION CONSULTANT MATERIAL LIST

### **Supplied by Bauman College**

Bauman, E. (2010). <i>Foundations of Nutrition</i> . Bauman College Press.	\$75.00
Bauman, E. (2010). <i>Foundations of Nutrition Workbook</i> . Bauman College Press.	\$25.00
Bauman, E. (2010). <i>Therapeutic Nutrition</i> . Bauman College Press.	\$75.00
Bauman, E. (2010). <i>Therapeutic Nutrition Workbook</i> . Bauman College Press.	\$25.00
Bauman, E. (2010). <i>Recipes and Remedies for Rejuvenation</i> . Bauman College Press.	\$25.00
Hydrion Paper (pH)	\$ 7.60
<b>Total (regional sales tax will be applied)</b>	<b>\$232.60<sup>1</sup></b>

### **Independent Purchases**

Bland, J et al. (2004). *Clinical Nutrition; A Functional Approach*. (2<sup>nd</sup> Edition). Institute of Functional Medicine. \$59.95

ISBN-13: 978-0962485916

*\*This book is more expensive through Amazon, but has cheaper shipping. You will save a few dollars by buying direct from the Institute for Functional Medicine using the following link:*

[http://www.functionalmedicine.org/ifm\\_ecommerce/ProductDetails.aspx?](http://www.functionalmedicine.org/ifm_ecommerce/ProductDetails.aspx?ProductID=129)

[ProductID=129](http://www.functionalmedicine.org/ifm_ecommerce/ProductDetails.aspx?ProductID=129)

Murray, M. & Pizzorno, J. (2005). *Encyclopedia of Healing Foods*. Simon & Schuster Adult Publishing Group. \$24.95

ISBN-13: 9780743480529

Pizzorno, J., Murray, M., & Joiner-Bey, H. (2007). *The Clinician's Handbook of Natural Medicine*. (2<sup>nd</sup> Edition). Churchill Livingstone. \$60.95

ISBN-13: 978-0443067235

Segala, M. (Ed.). (2003). *Disease Prevention & Treatment*. (4<sup>th</sup> Edition). Life Extension Publications Inc. \$37.45

ISBN-13: 9780965877756

Stargrove, M. B., Treasure, J, & McKee, D. (2007). *Herb, Nutrient, and Drug Interactions: Clinical Implications and Therapeutic Strategies*. Mosby. \$99.95

ISBN-13: 978-0323029643

**Students should have all required textbooks listed above before classes begin.**

Online nutrition analysis software (*optional*) \$25.00

To be discussed in class or by your Distance Learning Mentor

Books may be purchased new or used at a discount through the Bauman College Online Book Store, located under the Prospective Student tab on our website or at:

<http://astore.amazon.com/baumcollholin-20>

<sup>1</sup>Sales tax will be applied.

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